

Support to Study Policy

Effective from 1 September 2025

Purpose

1. The Support to Study Policy ('The Policy') and the accompanying [Support to Study Procedure](#) ('The Procedure') seek to promote early intervention, and a consistent, supportive and collaborative approach to responding to concerns raised about any registered student who, due to ongoing health issues or disability, is struggling to study or function within an educative environment.
2. It aims to ensure that students experiencing difficulties because of disability or significant ill-health are provided with appropriate support to study at the correct level.
3. The policy is intended to be supportive in nature and is not intended to deal with instances of student misconduct or review of academic progress where there are no known ongoing health issues.
4. Reports of student misconduct should be dealt with under the [Student Disciplinary Policy](#). Review of academic progress, which is not health or disability orientated, should be dealt with in line with [University Regulations for Review of Academic Progress](#).
5. A student may be referred into the Support to Study Procedure from other University student procedures, and their capability to study, reside or engage within the educative environment may still be considered even though other University procedures have been invoked.

Scope

6. This policy relates to all cases where a serious concern has been raised in relation to a
7. registered student's capability to study, reside or function within an educative environment due to their disability or ongoing health issues.
8. A student does not need to have a formal diagnosis of a health condition or disability to be considered under this policy.
9. In order to be considered under this policy, one of the following criteria must apply:
 - a. The student's ill-health, disability or wellbeing is having a detrimental

- impact on their studies;
- b. The student's ill-health, disability or wellbeing is having a detrimental impact on the welfare or educational experience of other community members;
 - c. The student's ill-health, disability or wellbeing is being caused or exacerbated by their studies.

Roles and responsibilities

All named University roles may also include their nominee(s).

- 10. An **Academic Appeals Panel** is a panel of Academic and/or Professional Services University employees appointed by the University Education Committee to investigate matters related to student academic progress and/or student welfare.
- 11. The **Academic Registrar**, or nominee, is the senior University employee with overall responsibility for the Support to Study Policy and Procedure.
- 12. An **Appeal Adjudicator** is a Dean or other member of the Academic Appeals Panel with no prior involvement in or close connection to the case and appointed by the Director of Registry and Education Services to consider formal appeals against Support to Study decisions, or form a Level 3 Support to Study panel.
- 13. An **Authorised Person** is a person with relevant experience and expertise nominated by the Head of School within the Academic Unit to coordinate and manage formal support under the Support to Study Procedure. The Authorised Person may be, for example, a Senior Tutor, Degree Programme Director, Director of Education, Director of Postgraduate Studies.
- 14. **Degree Programme Directors** are responsible for considering requests for adjustments made by students, such as adjustments to the mode or pattern of study, or interruptions of study.
- 15. **Registry and Education Services** is the service appointed by the Academic Registrar to act on the Academic Registrar's behalf to consider cases reported by the Academic Unit or Student Health & Wellbeing, where Level 2 of the procedure is not sufficient to enable the student to successfully engage with their programme of study and to administer Support to Study hearings.
- 16. The **Student, Health & Wellbeing Service** is the Service appointed by the Academic Registrar to support students to maximise their academic potential and help them gain the most from their time and studies at Newcastle. In the context of the Support to Study Policy, this includes working with students to develop Student Support Plans (where required) to ensure that reasonable adjustments are considered for the educative environment.
- 17. **Students** are responsible for reading and adhering to the [Student Charter](#) which

sets out the University's expectations of students. Students are expected to cooperate with the Support to Study Procedure, including by agreeing to abide by Support to Study Action Plans.

Raising Concerns

18. Concerns about a student's capability to study, reside or engage within the educative environment may present themselves in a number of different ways and be raised by a variety of people, including University employees, fellow students, third-parties, such as placement providers or healthcare professionals, and/or the student themselves.
19. Concerns raised about students will be handled respectfully and sensitively with the aim of implementing a coordinated approach across the University.
20. Examples of the most common indicators of serious concern include, but are not limited to:
 - Rapid deterioration in academic performance and/or failure to submit assignments;
 - Poor attendance or lack of engagement with Academic Unit colleagues (including with Personal Tutors/Supervisors);
 - Failure to engage with project approval, annual progress review, supervisory meetings or adhere to the learning agreement (for Research Students);
 - Not responding to requests within University communications;
 - Noticeable change in mood or behaviour, including social withdrawal;
 - The sudden onset of physical or psychological problems;
 - Signs of self-harm;
 - Substance misuse, including excessive alcohol consumption;
 - Multiple submissions of Personal Extenuating Circumstance requests (PECs);
 - A pattern of behaviour or communications which appears irrational or extremely inconsistent, or which results in unreasonable demands;
 - Behaviours resulting from a medical condition or illness, which adversely impact other students and/or University colleagues;
 - Repeated interruptions of study for health reasons.
19. The initiation of the Support to Study procedure at any level must not be taken as relevant grounds for the student to fail to proceed with their programme of study. Unless given specific instruction to the contrary, the student should continue to engage with their programme of study and tutors, submitting work as normal.

Policy

A: Support

21. The Support to Study Procedure should be primarily supportive in nature. The University will always strive to empower students to manage their own

wellbeing and health conditions and work collaboratively with students to find solutions when issues arise.

22. University employees dealing with students at any level of this Procedure will consider what support may be offered to the student both from within the University (e.g. by the academic unit and/or the Student Health and Wellbeing Service) and externally (e.g. directing or referring students to local GPs and/or mental health services).
23. Students will be encouraged to seek support where it is deemed necessary and appropriate.
24. The University will adopt a collaborative and cooperative approach to managing concerns regarding a student's conduct. Support under the Support to Study Procedure will be offered by the Academic Unit in conjunction with relevant colleagues from the Student Health and Wellbeing Service to ensure a consistent and holistic approach.

B: Interventions

25. The University recognises that there may be circumstances where allowing a student to continue with their studies may be detrimental to their personal wellbeing or educational progression or to the wellbeing or educational experience of other members of the University community.
26. In such circumstances, the student's capability to study will be determined by an impartial Level 3 Support to Study Panel and, where it is found that they are not currently well enough to study, their studies may be suspended or their registration withdrawn. See also [Section F: Interim Suspension of Studies](#).

C: Placement or Year Abroad students

27. If concerns regarding a student's capability or engagement arises while the student is on placement, including the year abroad, the University may discuss and consider alternative arrangements with the placement provider.
28. If it is not possible for alternative arrangements to be made, the student's placement may be withdrawn and/or deferred, or other appropriate adjustments may be considered.

D: Data Sharing and Confidentiality

29. Through the implementation of the Support to Study Policy and Procedure, the University recognises that it will receive sensitive personal data. The University will process and share such data with relevant University employees for the legitimate business purposes of undertaking a thorough investigation, in line with the General Data Protection Regulations (GDPR) and Student Privacy Notice.
30. Where appropriate, the University may use personal data held by the University in order to consider the suitable support or application of this procedure.

Examples of data include:

- Medical letters or other information submitted with a PEC application;
- A disability diagnosis;
- Student Support Plans.

31. The University may access the above information without the explicit consent of the relevant student where a legitimate concern has been raised and the University is required to assess if there is any risk to the student or to others.
32. Students should avoid disclosing unnecessary personal information during the course of the Support to Study procedure or any resultant appeals, unless they feel it is relevant to the issues raised.
33. Relevant colleagues will be informed, in confidence, of the outcome of any Level 3 Support to Study hearing. Senior colleagues may also receive a copy of the outcome, in confidence, so that the University may learn from issues identified as part of the Support to Study case.

E: Reasonable adjustments

34. In the implementation of this policy, the University will remain mindful of its duty of care and obligations to students under the Equality Act 2010 including by ensuring that, where appropriate, reasonable adjustments are made.
35. Reasonable adjustments may be made by Academic Units to the normal academic provision of a programme of study in advance of initiating the Support to Study Policy and Procedure. Such adjustments should be identified as a result of an assessment by the Student Health and Wellbeing Team based on a disclosed/suspected disability or health condition, and should be detailed within a shared Student Support Plan (SSP).

F: Interim suspension of studies

36. At any stage under the Support to Study Procedure, an interim suspension of studies may be placed on a student, pending further consideration by a Level 3 Support to Study Panel.
37. Interim suspensions may be imposed when the student's conduct suggests that there are serious concerns for their wellbeing or the wellbeing of other students, or following a recommendation from Senior Managers of the Student Health and Wellbeing Service.
38. Interim suspensions of study will be agreed by a Risk Assessment Panel, in line with the Student Conduct Risk Management Procedure.
39. Where an interim suspension is deemed necessary, the student will be informed of this in writing and will have the right to appeal this decision, as set out in [L \(i\); 87-90.](#), below.
40. An interim suspension is not a disciplinary sanction or prejudgement of the case,

but rather a temporary precautionary measure while an investigation into the student's circumstances is ongoing.

41. While an interim suspension is in place, the suspended student may not attend classes or be present on campus, except to attend a prearranged appointment with either the Casework team or the Student Health and Wellbeing Service. Requests to access the campus for any other reason should be directed to the Director of Registry and Education Services via casework@newcastle.ac.uk.

G: Supporting documentation

42. If concerns are raised about a student's capability to study or function within the University environment, the student is encouraged to cooperate with any reasonable request to provide medical or other supporting documentation.
43. It is for the University to determine the weight to be given to any information presented, in conjunction with the requirements of the programme of study and consideration of the overall documentation in the case.
44. Normally it is expected that no cost will be incurred in providing additional supporting documentation; however, if costs are incurred, these will normally be expected to be covered by the student.
45. If the University requests that the student completes an independent assessment to supplement information already provided by the student (for example, an Occupational Health assessment), this will be arranged and paid for by the University and the University may request that specific questions are addressed as part of the assessment.
46. If the student does not provide additional supporting documentation as requested, the University may still reach a decision on the case based on the available information.
47. If the student provides documentation which is reported to be falsified the matter may be investigated in accordance with the [Student Disciplinary Procedure](#).

H: Right to refund of fees

48. A student suspended or withdrawn from the University as a result of Support to Study proceedings will have no right to a refund of fees for any period of study prior to their suspension or withdrawal.

I: Conflicts of interest

49. Where the Student Health and Wellbeing Service has offered a student support during the administration of this procedure, an alternative member of the Student Health and Wellbeing Service may be asked to provide general advice to a Level 3 Support to Study Panel about any specific health condition or

disability the student may have. Care will be taken to avoid any potential conflict of interest that may arise.

50. Although University employees, including those from the student's Academic Unit, may have had previous involvement with the student prior to the Support to Study process, this will not preclude their involvement in the Support to Study Procedure. Care will be taken to avoid any potential conflict of interest that may arise.

J: Relation to other procedures

51. Sometimes the University will refer the consideration of a student's case out of one procedure and into another to ensure an appropriate response to the facts of the case. However, the University will not normally allow parallel procedures about the same substantive matter (for example, the University will not normally consider a case under the Support to Study Procedure and the Student Disciplinary Procedure/in line with University Regulations on Review of Academic Progress at the same time).
52. Where successful completion of a programme of study would normally lead to professional registration, the University's Fitness to Practise procedure may be applied following conclusion of the Support to Study Level 3 hearing.

J: Levels of the Procedure

53. The Support to Study Procedure may be invoked at any level deemed appropriate, does not need to proceed in level order, and may be referred back to a previous level, where appropriate to do so.
54. Appropriate adjustments will be put in place, at the request of the student, to allow them to be able to take part in meetings held under any level of this procedure.

Level 1: Informal support

55. Initial concerns about a student's conduct or capability to engage with their programme of study/educative environment will normally be raised by, or addressed to, an appropriate nominated person within the student's Academic Unit (which could be their personal tutor, senior tutor, supervisor or other nominated person), or a representative from the Student Health & Wellbeing Service.
56. The nominated person will arrange to meet with the student to discuss the concerns. The meeting is intended to be supportive and non-confrontational, and the purpose will be:
- To encourage an open discussion about the student's current circumstances and any concerns about their engagement or capability to continue their studies;
 - To outline the University's duty of care and signpost to appropriate sources

of support;

- To agree informal actions of how the student can be supported to address the concerns (for example, by submitting a PEC, agreeing to a voluntary interruption of studies, accessing additional support, or engaging with the development of a Student Support Plan). *Formal action plans are not normally expected at this level of the Procedure.*

57. A brief record should be kept of all meetings held with the student under Level 1 of this Procedure.

58. The nominated person will schedule regular follow-up meetings (of no more than one month apart) to ensure that appropriate support is offered to the student and any further changes in circumstances are identified.

Level 2: Formal Support

59. Formal support under Level 2 of this procedure will be offered to students where Level 1 informal support has been unsuccessful in addressing concerns, the student's circumstances have changed, or where the concerns identified are particularly serious and support is required beyond what a Personal Tutor/Supervisor could reasonably be expected to provide.

60. Formal support may be initiated by either the Academic Unit or the Student Health and Wellbeing Service; the Student Health and Wellbeing Service will normally be made aware of any planned Level 2 meetings and may attend such meetings where appropriate.

61. Students will be given reasonable written notice of any formal Level 2 meeting and will be provided with a copy of the Support to Study Procedure and the following information in advance of the meeting:

- The purpose of the meeting;
- Who will be in attendance;
- What will be expected of them;
- Their right to submit any relevant documentation (for example, medical evidence) prior to the meeting;
- Their right to be accompanied by a friend or supporter.

62. If the student does not engage with Level 2 formal support, for example by repeatedly choosing not to attend the meetings or by not providing relevant documentation when requested, the meeting may still go ahead, and the case will be considered based on the information currently available. This will include an assessment of any information provided to the University through the PEC system.

63. The student will be provided with a written record and any action plans resulting from meetings held under Level 2 of this procedure, normally within 7 calendar days of the meeting.

64. Regular review meetings will be scheduled (of no more than one month apart)

to ensure that appropriate support is offered to the student and any further changes in circumstances are identified. Attendees at review meetings may be different to those at the initial Level 2 meeting.

(i) Possible outcomes of Level 2: Formal Support

65. Without prejudice to other conclusions, the initial Level 2 meeting may decide that one of the following outcomes is appropriate:

- No further action is needed;
- Informal support by the nominated person should continue at Level 1 of the Procedure;
- The Academic Unit and/or the Student Health and Wellbeing Service should work with the student to develop a new/review an existing Action Plan;
- Adjustments to assessments are agreed as part of the Action Plan;
- The Chair of the relevant PEC Committee should consider significant adjustments to assessments;
- The Degree Programme Director will consider an adjustment to the student's hours/mode of study (with the student's consent);
- The Degree Programme Director/Deans of Postgraduate Studies explores with the student whether an interruption from the student's programme of study is appropriate;
- The student's circumstances should be referred to Level 3 of this procedure for consideration by a Level 3 Support to Study panel;
- A referral should be made to a more appropriate University procedure, such as the Student Disciplinary Procedure, or for consideration in line with University Regulations for Review of Academic Progress;
- The student should be referred to the Student Health and Wellbeing Service to consider whether a Student Support Plan may be appropriate;
- Any other outcome intended to support the student to successful progression or completion of their programme of studies.

66. If the student does not agree to the proposed supportive outcome discussed during the initial Level 2 meeting, they may be advised that their case may be referred to Level 3 of this procedure for further consideration by a Support to Study panel, who have a wider range of options and actions available to them.

(ii) Level 2 Action Plans

67. Where it is determined that it is appropriate for a Level 2 Action Plan to be implemented, the following should be noted:

- The Action Plan should seek to address and resolve the specific concerns raised about the student prior to, or during, the open discussions held during the Level 2 meeting;
- It should outline the provision of any appropriate support discussed and agreed during the meeting;
- It should detail any adjustments made by the Academic Unit to support the

student in progressing with their studies;

- It should identify specific and achievable tasks for the student to undertake, along with a clear timetable for the completion of such tasks;
- The student will be asked to agree to the Action Plan;
- It should detail that if the student does not agree or engage with the Action Plan their case may be referred to Level 3 of the procedure, for consideration by a Support to Study panel, who have a wider range of options and actions available to them.

Level 3 Support to Study Considerations

68. A Support to Study case may be referred to Level 3 of the Procedure for consideration of Support to Study interventions by a panel hearing where:

- The concerns raised about the student are deemed too serious to be considered under Level 2 of this procedure;
- There is evidence that the student's programme of study and/or being in the University environment is having an adverse impact on their health or wellbeing;
- The student's behaviours or health issues are having a significant adverse impact on the wellbeing or educational experience of other people;
- The student has not agreed to or abided by the provisions set out in the Action Plan, or has failed to engage with the Support to Study procedure;
- The student's circumstances have changed or there is insufficient improvement in the student's capability to study or function within the educative environment following Level 2 formal support.

69. Level 3 of the Support to Study Procedure may be initiated by the Academic Unit or the Student Health and Wellbeing Service by writing to the Director of Registry and Education Services (via casework@ncl.ac.uk).

70. Where it is deemed necessary and appropriate, a Level 3 Support to Study panel hearing will be convened.

71. The Support to Study panel will consist of two impartial members of the University's Academic Appeals Panel (one of whom will act as the Chair), and a Senior Manager from Student Health and Wellbeing Service.

72. The Chair of the panel may decide that it is appropriate to invite other parties (such as representatives from the Academic Unit) to provide more information.

73. Secretarial support for the panel hearing will be provided by the Registry and Education Services

74. The student will be given reasonable written notice of the date of the hearing and may be asked to provide additional documentation (such as medical evidence) to aid the panel in determining their current fitness to study. The student will also be provided with the following information:

- The purpose of the hearing;
- Their right to be accompanied to the hearing by a friend or supporter;
- Details of the Panel composition and how they may request a review of the panel if they perceive a conflict of interest;
- Details of participants invited to attend the panel to provide additional information;
- Their right to request witnesses to be present at the hearing. The student should provide details of the proposed witness(es) and the nature of the information they intend for them to provide. It is for the Chair of the Support to Study panel to determine whether any witnesses may be permitted to attend;
- A copy of this policy and the Support to Study Procedure.

75. If the student or their supporting person is unable to attend the originally scheduled date of the Panel hearing, they may request that it is rescheduled to a more appropriate time. The student may only request that the hearing is rescheduled once.

76. At least 7 calendar days in advance of the hearing, the student and Panel members will be provided with full copies of the documentation to be considered.

77. If the student wishes to submit any additional documentation for consideration by the Panel, this should be done at least two working days in advance of the scheduled hearing. Documentation received after this deadline will be admitted at the discretion of the Panel chair who may, if appropriate, decide to postpone the hearing until the new evidence can be duly considered.

78. The Support to Study Panel hearing will normally proceed if the student does not attend or engage in the process. The Panel will consider the case even if the student has not provided the information requested of them, or if a witness or other invited attendee is unable to attend.

(i) Possible outcomes of Level 3: Support to Study considerations

79. After reviewing the case, the Support to Study panel will determine whether the student is currently fit to study.

80. Where the panel determines that the student is fit to study, they may decide that one or more of the following outcomes is appropriate:

- No further action is needed;
- Level 1 support by the nominated person should continue;
- An existing Level 2 Action Plan should be maintained or revised;
- The Academic Unit and/or the Student Health and Wellbeing Service should work with the student to develop a new Action Plan under Level 2 of the procedure;
- The Support to Study Panel should implement a new Action Plan under Level 3 of the procedure and undertake a review of the student's progress at

a date agreed at the initial hearing.

- With the approval of the Chair of the relevant PEC Committee the student should receive adjustments to assessments or be allowed to undertake repeat study;
- With the approval of the Degree Programme Director or Director of Postgraduate Studies, the student's mode or hours of study should be adjusted (with or without the student's consent);
- A referral should be made to a more appropriate University procedure, such as the Student Disciplinary Procedure or for consideration in line with University Regulations for Review of Academic Progress;
- The student should be referred to the Student Health and Wellbeing Service to consider whether a Student Support Plan may be appropriate;
- Any other measure intended to support the student to successful completion of their programme of studies.

81. Where the panel determines that the student is not currently fit to study, they may decide that one or more of the following outcomes is appropriate:

- With the approval of the Degree Programme Director or Director of Postgraduate Studies, an interruption of studies should be agreed (with the student's consent);
- A temporary suspension should be imposed on the student's studies (with or without the student's consent);
- The student's registration at the University should be withdrawn.

82. The student will normally be notified in person of the outcome of the Support to Study hearing. This will be followed by confirmation, in writing, within 7 calendar days of the hearing. A full statement of reasons will normally be supplied within 14 calendar days of the date of the hearing.

83. Relevant colleagues in the student's academic Unit will be copied into the outcome of the hearing.

See also: [Operational Guidance for Formal Student Committee Hearings](#)

K: Return to study following interruption or suspension

84. Where any period of suspension or interruption of studies is imposed or agreed, students will normally only be permitted to return to their programme of study at the end of this period after providing suitable medical evidence or other documentation declaring that they are fit to return to study.

85. Where such documentation is not available following a voluntary interruption, and at the discretion of the University, a Level 3 Support to Study Hearing may be arranged to further consider the student's circumstances.

86. Prior to returning from an interruption/suspension of studies, the student will normally be expected to attend a Level 2 Support to Study meeting, organised by their Academic Unit, and in conjunction with the Student Health and Wellbeing Service. Where appropriate, an Action Plan can be agreed to ensure that appropriate support is offered to the student and any further changes in

circumstances are identified.

L: Appeals

(i) Appeals against Interim Suspensions

87. Appeals against an interim suspension should be directed to casework@newcastle.ac.uk within 21 calendar days of the Decision Letter and will be considered by the Academic Registrar.
88. In the case of appeals against interim suspensions of studies, the accepted grounds for review are:
- New material evidence is available, of which the University was previously unaware;
 - There has been a material procedural error or irregularity during the initial Risk Assessment process;
 - The precautionary actions to be disproportionate to the reported circumstances;
 - Bias or prejudice on the part of the Risk Assessment Panel.
89. Students should specify their grounds for review and should provide any relevant supporting documentation or information.
90. Subsequent requests for review of an interim suspension may be considered where there is a material change in the student's circumstances.

(ii) Appeals against Support to Study panel outcomes

91. The accepted grounds to appeal a Support to Study panel outcome are:
- There is new material evidence available which was not reasonably available at the time the original decision was made;
 - Procedural irregularity during the Level 3 Support to Study process;
 - Bias or prejudice on the part of the Support to Study Panel;
 - The decision reached by the Level 3 Support to Study Panel was perverse in that it was one which no reasonable person could have reached on the available evidence.
92. Appeals should be made within 21 calendar days of receipt of the Statement of Reasons Letter, which provides reasons for the panel's decision, and should be directed to the Academic Registrar, via casework@newcastle.ac.uk.
93. Students should clearly state their grounds for appeal and should provide any relevant supporting documentation or information.
94. If deemed eligible for review, one of the University's designated Appeal Adjudicators (or a senior academic with comparable experience to an Appeal Adjudicator) will be appointed.
95. Where the decision against which a student is appealing involves the partial or full suspension/withdrawal of studies, the student may not be permitted to

attend part or all of the University campus, as appropriate, while the appeal is being considered.

96. If the student's appeal is admitted by the Appeal Adjudicator, a Review Support to Study Panel, consisting of newly appointed panel members, may be convened to reconsider the case. In determining the appeal, the Review Support to Study Panel may confirm or change the original decision.
97. If a student is reinstated to the University on appeal against a suspension or withdrawal of studies, the student will be liable to pay appropriate fees, regardless of any temporary loss of tuition and other University facilities.
98. Where an Appeal Adjudicator does not admit an appeal wholly or in part, or the Review Support to Study panel confirms the original decision, there can be no further appeal within the University and the student will be provided with a Completion of Procedures Letter.
99. Provision for independent external review is made through the Office for the Independent Adjudicator for Higher Education (www.oiahe.org.uk/).

| Document control | |
|---|---------------------------------|
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